

## Nik's List of Cup Stuff! - The Sequel!

- 1) ALWAYS list a back-up keeper on your roster...you can have up to 22 players so even if you have no intention of using them...be prepared! There are absolutely no player additions to the roster after the freeze under any circumstances. Consider yourself warned...
- 2) Plan ahead, if a player is hurt or missing for State Cup but will be available for advancement then leave the player on the roster. Advancing and adding a player later? A player MUST be registered within your club PRIOR to the first game of Cup to be eligible to be added for Regionals/Nationals if you advance.
- 3) Triple check your data and info! Make sure that uniform numbers are correct and unique on your team and all your Primary/Secondary designations are correct for your event PRIOR TO ROSTER FREEZE. Your Club Registar can help you with these things and while you may never need it, this can help avoid disasters down the road. **NO DUPLICATE NUMBERS!**
- 4) It is YOUR responsibility to make sure the Mo State Roster that is in GotSport on the date of Roster Freeze is correct! The MYSA office cannot possibly know who should and should not be on the rosters, they change all the time...both the coach AND the manager should verify the Mo State Roster on the morning of roster freeze.

  Breaking a kids heart because they can't play can be avoided with preparation.
- 5) Players on your bench during a game must have something (pinnie, training jacket, etc...) to differentiate themselves from the players on the field. Injured players may be on the bench to support as long as they are legally on the roster and have a card but cannot be in uniform at any time.
- 6) At a minimum, always have the players, including the keeper, have an alternate jersey and socks with them in their bag...there is a \$100 fine for not having alternates when called upon. Although not yet mandatory, make sure players coordinate exposed base layers (Under Armor, etc...) so that they match their kit colors or make sure they can be rolled up out of sight.
- 7) A MAXIMUM of 4 personnel TOTAL may be on the bench but all personnel including club directors must have valid ID cards with them.
- 8) All video cameras on high-pods (i.e. VEO) must be on the parent side of the field and secured to a fence or weighted down for wind, no exceptions.
- 9) The law of hotels...the longer you wait to book a hotel the more expensive and further away you will end up. Book early and always use the service! **YOU MUST USE THE SERVICE** for round robin play if using hotels.
- 10) **READ THE RULES!** Rules are reviewed and updated each year based on new interpretations from Midwest Region and US Youth Soccer; it is your job to know them as well!